



Seattle Rotary Totem

Next Meeting

Wednesday noon
January 27, 2016

Jack Ablin, CFA
BMO Private Bank

*"What to do now? Navigating
Wall Street's volatility"*

Convention Center

*Receive a weekly text
with meeting
location and program
Text **Seattle4** to **313131***

News

Events Calendar

We are transitioning to a new website, and the links to club events and committee meetings that normally appear in this column are no longer active. Please refer to the home page Calendar at www.seattlerotary.org to view upcoming events.

Preview of January 27, 2016

Jack Ablin
EVP/CIO, BMO Private Bank

"What to do Now? Navigating Wall Street's Volatility"

Jack Ablin is a frequent contributor to CNBC, Bloomberg, The Wall Street Journal, and Barron's, and served as a professor of Finance at Boston University Graduate School of Management. As Head of Macro Strategy, Jack chairs the Asset Allocation, Mutual Fund Re-Optimization and Harriscreen Stock Selection Committees and is responsible for establishing investment policy and strategy within BMO Private Bank throughout the U.S. He joined the organization in 2001 and has three decades of experience in money management.



The After Party

◆◆ Thursday, January 28, 5-7pm ◆◆◆
Triple Door – 216 Union Street

Join us to continue the conversation on Navigating Wall Street's Volatility.

Review of January 20, 2016

Education: The way out

Reporter: *Mike Colbrese*

President Sue Nixon rang the bell and opened the meeting by introducing accompanist **Ken Grant** and song leader

Linda Rough, who lead the club in a rendition “The Bluest Skies You’re Ever Seen (are in Seattle)” that would have made Perry Como proud. **George Twiss** provided a creative invocation quoting famous sports writer Grantland Rice, “For when the One Great Scorer comes to mark against your name, He writes-not what you won or lost- But how you played the game.”



Brad Fowler introduced the visiting Rotarians after which **Heather Fitzpatrick** introduced all other guests, and **Charley Dickey** introduced a prospective new member at his Table. **President Sue** introduced the day’s Sergeant-at-Arms and Day Chair **Carla Fowler** as a leader in human performance science and a three-time national champion in ultimate Frisbee.



Carla, in turn, introduced club member **Connie Miller** who welcomed new member **Rob LoBosco**, classification “consulting.” **Rob**, a native of the east coast and a former member of the Bellevue

Breakfast Club, has worked for the Department of Defense and NASA and developed a biotech software company dedicated to diagnosing diseases. He lives with his wife and daughter and has political aspirations.

Dr. Fowler kicked off the day’s series of speakers on the theme of educating the incarcerated by introducing Anna Miner, Vice President of Service at the Seattle City Rotaract Club, who spoke to that group’s work with its Monday Mentoring program that serves youth in the King County detention center. The club’s work props up those who are incarcerated through its “My Action Plan” goal setting strategy which will lead in to the second phase of the mentoring program to assist the detained youth with resume writing and homework assistance. The second phase will be funded through a Rotary District grant.

Carla then introduced Tanya Erzen, an Associate Professor of Religion at the University of Puget Sound. She is the Executive Director of the Freedom Education Project Puget Sound (FEPPS), an agency committed to providing education to incarcerated women. She is the author of three books, and will publish God in Captivity: Punishment

and Redemption in America's Faith-Based Prisons about the role of religious ministries in prisons and the conservative movement for prison reform in 2016. Her writing has appeared in various academic journals, and she was a 2013 Soros Justice Media Fellow from the Open Society Foundations.

Tanya began by providing a few sobering statistics about incarcerated women, stating that the United States currently incarcerates a higher share of its population than any other country in the world. She stated that women are the fastest growing segment of the prison population, and African-American and Native-American women are disproportionately represented in the prison population and that most of the women in prison have never finished high school, which makes them especially vulnerable to re-incarceration. Her information to the club included that fact that there are more prisoners in Louisiana than in any other country.

Ms. Erzen provided an overview of the Freedom Education Project Puget Sound (FEPPS) program and how educating imprisoned women is good for prisoners, prison environments, and our communities. She explained that an education program in a prison supports families, especially given the fact that women are care givers and the experience of children seeing their incarcerated mother as a student builds a new type of bond between mother and child and allows the child to see the mom in a special light.



Education in a prison also changes the dynamics within the prison. Instead of seeing themselves as inmates, the women see themselves as students and study groups, creating hope together and with the support and help of prison officials. Courses are taught by college professors from UPS, UW, The Evergreen College, and PLU with the same rigor as that developed in a traditional college setting. She closed by stating that since 1994, when funding was cut, the program has been funded 100% by private donations and grants and that attempts to get assistance from the legislature have failed.

Ms. Erzen then introduced the second speaker, Autumn Curtis, a former student in the FEPPS program. Autumn

spoke to her experience as an incarcerated woman and student in the program. She explained that after starting her classwork while in prison as part of the FEPPS program, she successfully completed her Associates of Arts degree and is now an undergraduate student at the University of Washington. She passionately described how FEPPS provided her with renewed hope and purpose and gave her the confidence and a much-needed distraction from the daily grind of prison life. She provided first-hand knowledge how education changed the culture of the prison and particularly the interaction between the inmates. She described the change in women who had been abused and grew up in poverty as uplifting. Following a standing ovation, Autumn and Tanya answered numerous questions from the attendees.



President-elect Cathy Gibson provided several announcements about up-coming events among them a request for club members who are trained in CPR and a reminder that the Blood Mobile will be at the February 17 meeting. On that same day, the club will have a focus session on ideas for programs and the speaker will be Jack Ablin, who will provide a financial forecast for 2016. She also announced that the Rotary theme for 2016-17 will be “Rotary—Serving Humanity.”

President Sue closed with an inspirational message and thanked all of the participants and attendees.



More on FEPPS

Several members have inquired about the legislative efforts mentioned in Dr. Tanya Erzen's presentation. Here is more information for those interested:

Join your voice with Tanya, Autumn and FEPPS's in support of Education for Incarcerated Adults in Washington State. Wednesday's presentation by Tanya Erzen, Ph.D, Executive Director of Freedom Education Project of Puget Sound (FEPPS) revealed an EASY way to join our voices to achieve a POWERFUL impact. Reach out to your WA State Legislature representatives to urge their support for bi-partisan sponsored SB6260 and its companion bill: HB2619. Let's urge our support for Education opportunities and scholarships for women otherwise trapped within our prison system's revolving door. Let's fund Education, instead of funding prisons with a 70% recidivism rate. Use this link to find your Senate and House representatives: [Find Your State Representatives](#) and send them an email with your support for these companion bills.

Looking Ahead

January 27, 2016

Jack Ablin

**What to do Now? Navigating Wall Street's Volatility
Convention Center - 6B**

February 3, 2016

Women in Banking:

**A look inside the world of Banking
Westin**

February 10, 2016

Engaging the World

**SPU President Dan Martin
Westin**

Recruits

Unless **WRITTEN, SIGNED** protests are received in the time period required, the following will receive a "welcome to Rotary" notification that their membership has been accepted:

1. **Sandy Walsh**, *Real Estate*, Realtor, Exact Realty LLC; RE/MAX Metro Realty (Sue Nixon/Cathy Gibson)
2. **William Dickinson Jr.**, *Non Profit*, Divisional Commander, The Salvation Army Northwest Division (David Siebert/Todd Summerfelt)

3. Jill Dougherty, *Media & Entertainment*, Consultant on Russia (Bill Center)

SRSF Large Grant

Your Seattle Rotary Service Foundation will be awarding a \$100,000 grant in this Rotary year to support a Greater Seattle-based not-for-profit organization. Areas of focus are Basic Human Needs and Education, and completed Stage I responses must be received in the Rotary office by **January 25, 2016**. Click [HERE](#) for the guidelines and application form.

Peacebuilder Committee



Seattle 4's new Peacebuilder Committee will meet at 11am on Wednesday, January 27 at the south end of the WA Convention Center on the 2nd floor.

Program Input

Are you passionate about Rotary programs? Do you have an idea for an engaging, inspiring and fun Rotary program? If so, please join us at a program focus group on Wednesday, January 27 following our Rotary lunch to share your program ideas as we gear up for the next Rotary year. RSVP to Lisa Mayfield at lisa@agingwisdom.com

--Cathy Gibson, Lisa Mayfield & Erick Slabaugh

Seattle 4 Blood Drive

Seattle Rotary is excited to partner with Bloodworks Northwest in the pursuit of saving lives. You can share your one of a kind gift that will provide life to three people. Local patients need blood transfusions for many reasons like cancer, chronic illnesses, blood disorders and surgeries. One thing they don't have to worry about when they are facing a health challenge is blood being available because of donors. Let's show our support and give life this February!

Wednesday, February 17

4th & Virginia Bloodmobile
Sponsored by Seattle
Rotary



Location: Mini Bus parked
on east Side of 4th Ave just north of Virginia
9:30am - 3:30pm (closed 12-1pm)

Seattle Rotary Members - Schedule your appointment with
Lisa Mayfield (lisa@agingwisdom.com) for immediately
before and after our lunch meeting slots.
Additional online appointments for earlier and later in the
day available at www.psbcc.org/programs/drive.asp?URL=7878
For questions about eligibility please call (800)398-7888

Why Give?

The blood supply for our region depends on thousands of local individuals every week who make the decision to give blood and help keep folks safe when they need the gift of life-saving blood. Did you know...

- A total of 30 million blood components are transfused each year in the U.S.
- Only 5% of the population donates
- Each day, nearly 900 people must donate with BloodworksNW to meet the local need
- The blood used in an emergency is already on the shelves before the event occurs
- Every 2 minutes, someone in western WA is receiving a transfusion

Meet Rob LoBosco

Rob LoBosco
Introduced January 20, 2016 by
Connie Miller

Today I have the pleasure of introducing to you our new member, **Rob LoBosco**, classification Consulting. **Rob** had been a member of the Bellevue Breakfast Rotary Club earlier and about three months ago he came by for a Seattle #4 lunch and decided to stay. Let me tell you a little about him so you may easily get to know him.



Rob grew up on the East Coast in a blue collar family. His dad was a mechanic and had a gas station. He was adamant that his sons would be the first in the family to go to college, and they did. Fortunately for **Rob**, his high school offered a math course using computers and he fell in love with software. He graduated from college in computer engineering and began a fascinating career journey.

Rob worked for the Department of Defense, for NASA, and

in Big Pharma, eventually becoming the Chief Information Officer of a biotech firm. Later he and a colleague spun out a new company developing Computer Vision software, for diagnosing disease and accelerating the drug development process. After 7 years he sold it to a pharmaceutical company. More recently he has been building a management consulting business, LoBosco Consulting, where he helps organizations and individuals improve their performance, creating innovative cultures that adapt more easily to change. Exciting!

Rob also has a strong interest in politics and keeps open the possibility of one day running for office. I'd like to wrap up by telling you about his family: his wife, Michelle and daughter, Mia, 11 a dedicated ballet dancer who is performing this spring in a national ballet competition in New York City. They love the arts, impressionistic paintings to classical music, traveling to Europe often to explore the art in Paris and other cities.

As you can tell, **Rob** is a rich resource and we are lucky to have him in our club. Please welcome **Rob LoBosco**!

Wider World of Rotary

Wider World of Rotary

Brought to you by the Rotary Relations Committee
Committee Chair: **Trent Mummery**

Club Secretary: **Lisa Mayfield**

District 5030 News

Check out the recently updated District website at : www.rotarydistrict5030.org. And the most recent [District newsletter](#).

Support Rotary First Harvest

Join the fun at the annual [Rotary First Harvest Hearts and Wine event](#) on Friday, February 12th from 6-9 PM.

Lingenbrink Law is the sponsor of this event at the **Herban Feast's Foundry**. **SPECIAL GUEST: The Chef in The Hat Thierry Rautureau**. Event tickets include entrance, tasting tokens, heavy hors d'oeuvres, and access to the mini-auction. Secure your tickets today for \$70 each (\$75 after 1/31/16) at: www.firstharvest.org/hearts-wine

District 5030 Conference

Join us for the annual District conference in Coeur d'Alene, Idaho on April 29-May 1. This is a great way to network with fellow Rotarians and learn more about Rotary. To register, [visit the conference site](#).

Every Rotarian Every Year

EVERY ROTARIAN, EVERY YEAR

TWO gifts, ONCE a year, EVERY member

SEATTLE ROTARY SERVICE FOUNDATION (SRSF)

and

THE ROTARY FOUNDATION (TRF)

We change the world

For information on making your contribution, please contact Sam (sam@seattlerotary.org or 206-623-0023).

Seattle Rotary Goes Social!

Get and stay connected with the club through our social media channels!

Twitter: @Seattle4Rotary

Facebook: Rotary Club of Seattle - Seattle#4

Linkedin: Rotary Club of Seattle

Big thanks to our channel champions for January and February: **Aubrey Buxton** (Twitter), **Eric Newman** (Linkedin) and **Ken Grant** (Facebook). Check out the tweets and posts from this week's Rotary meeting. IF you're interested in supporting our social media initiative, please contact cathy.gibson@evolvepartnergroup.com.



[Facebook](#)



[LinkedIn](#)



[Twitter](#)



[YouTube](#)

Happy Birthday!

January 27

Barry McConnell, Doug True

January 30

Lynn Krizanich, Ben Wicks

January 31

Matt Bratlien, Jann Curley, Charley Dickey

February 1

Paul Frogley, Steve Whyte

February 2

Terry Burns

Follow Us!



or **Contact Us:**

Rotary Club of Seattle
1215 4th Avenue, Suite 1215
Seattle, WA 98161

Phone: 206-623-0023 Fax: 206-623-0216

Carma McKay
Interim Operations Manager
carma@seattlerotary.org

Sam Thompson
Project Manager
sam@seattlerotary.org

Mariah Kimpton
Office Coordinator
mariah@seattlerotary.org

◆◆◆ **The Rotary Standard of Conduct** ◆◆◆

The Rotary “Four-Way Test” is a standard expected of all Rotarians:

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build Goodwill and Better Friendships?
4. Will it be Beneficial to all concerned?